



ADDENDUM - MODIFIED LAWS OF THE GAME FOR U10

Law 1: Field of Play

The dimensions are a minimum 90 feet x 141 feet. The center circle and Goal Arcs should be a minimum of 6 feet. Goals: 6.5 feet by 18.5 feet. Build out lines should be equidistant between the penalty area line and halfway line.

Law 2: The Ball

The ball must be a size four (4).

Law 3: The Number of Players

There should be a maximum of 7 players on the field per team. Game may not start or continue if there are less than 5 player on a team.

Roster Size: The minimum roster size is nine players. The maximum roster size is 13 players. Substitutions are unlimited and can occur at any stoppage.

Law 4: The Player's Equipment

Each player must wear an official uniform with a unique number per team on the back of the shirt. Shin guards are mandatory and must be fully covered. Cleats must be intended for soccer, no baseball or football cleats with front cleat may be worn.

Eyeglasses must be secured with a band. No hats or other headgear may be worn with the following exceptions*:

- Soft billed caps for goalkeepers per FIFA
- Religious headgear per USSF
- Soft caps (no bills) in cold weather
- Soft headbands
- Headgear for medical reasons under the following conditions:
 - Soft, closed cell material
 - Doctors permission
 - Approval in advance by MCYSA

Hard casts may be worn but must be padded and approved by the referee prior to the match. Limb/joint braces must be worn as intended by the manufacturer and approved by the referee prior to the match. Braces containing exposed metal pieces may not be worn.



If due to inclement weather, the referee allows the wearing of sweatshirts the jersey must be worn over the sweatshirt. If due to inclement weather, the referee allows the wearing of sweatpants, they shall be the same color as the shorts of the uniform.

*Any exception is with the approval of the referee prior to the match.

Law 5 & 6: Referees

Minimum certification as a U.S. Soccer Grade 9 Referee. Each match is controlled by a referee who has full authority to enforce the Laws of the Game in connection with the match. Decisions will be made to the best of the referee's ability according to the Laws of the Game and the 'spirit of the game' and will be based on the opinion of the referee who has the discretion to take appropriate action within the framework of the Laws of the Game. No "Other Match Officials" are required but may be used at the discretion of the competition.

Law 7: The Duration of the Match

It is recommended the game be divided into two halves each lasting a minimum of twenty five (25) minutes. A two to five minute break should be taken between the halves. No added time.

Playing Time: Each player should have a minimum of 50% playing time and sitting time throughout each match.

Law 8: The Start and Restart of Play

Please view FIFA ruling, with opponents 12 feet away from the ball. Build out line should be used with all goalie re-starts.

Build Out Line: The build out line promotes playing the ball out of the back in a less pressured setting.

- When the goalkeeper has the ball, either during play (from the opponent) or from a goal kick, the opposing team must move behind the build out line until the ball is put into play.
- Once the opposing team is behind the build out line, the goalkeeper can pass, throw or roll the ball into play (punting is not allowed).
- After the ball is put into play by the goalkeeper, the opposing team can cross the build out line and play resumes as normal.
- **If a goalkeeper punts the ball**, an indirect free kick should be awarded to the opposing team from the spot of the offense.
- **If the punt occurs within the goal area**, the indirect free kick should be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred.



Law 9: The Ball In and Out of Play

Please view FIFA ruling. Referee should blow his/her whistle on all balls out of play and make a call for re-start. Build out lines should be used for all goalie re-starts.

Law 10: The Method of Scoring

Please view FIFA ruling. Game reports should be submitted at the end of each match.

Law 11: Offside

Please view FIFA ruling. The build out line will also be used to denote where offside offenses can be called.

- Players cannot be penalized for an offside offense between the halfway line and the build out line.
- Players can be penalized for an offside offense between the build out line and goal line.

Law 12: Fouls and Misconduct

Please view FIFA ruling.

Law 13: Free Kicks

Please view FIFA ruling.

Law 14: The Penalty Kick

Please view FIFA ruling.

Law 15: The Throw-In

Please view FIFA ruling.

Law 16: The Goal Kick

Please view FIFA ruling. Build out line should be used with all goalie re-starts (Please see Law 8 modifications).

Law 17: The Corner Kick

Please view FIFA ruling, with opponents 12 feet away from the ball.

Addition: Heading Guidelines

Please view your heading guideline implementation as defined by your state or local organization.